

I am racing for Falcon- what should I wear?

It is important that the club presents a tidy, well turned out look, and there are certain things that should (or shouldn't) be worn.

Firstly, the top layer worn by every junior should be Falcon lycra. This should, ideally, be a Falcon all-in-one, which is an essential bit of kit for regular racers. If you don't own one, a Falcon t-shirt will be acceptable. However, the whole crew should match where possible. If one member of the crew is racing in a t-shirt not an all-in-one, the whole crew should do this. This is less strict at the winter head races, and providing you are all in Falcon kit of some sort, you don't need to match as exactly.

You can wear layers underneath a lycra if you wish, and you can wear any of the following:

A Falcon turquoise/ navy blue/ black t-shirt

A black/ navy blue long or short sleeved tech top

A Falcon long or short sleeved lycra top

A completely plain turquoise/ navy blue/ black t-shirt

If you own an all-in-one, this should ALWAYS be the top layer- please ensure you pull it up over any t-shirts or tech tops.

You should not wear a random t-shirt with logos/slogans on, nor a brightly coloured tech top, unless in Falcon colours.

On your bottom half, you can wear any of the following:

Falcon all-in-one

Falcon/ black/ navy blue leggings

Navy blue /black lycra shorts

You should not be wearing tracksuit bottoms or loose (running) shorts of any type. Leggings should also be worn OVER an all-in-one (imagine getting to the start and deciding it's too warm for leggings- good luck trying to take them off if they're under an all-in-one!).

The following should also not be worn during a race AT ALL: hoodies, thick ski jackets, gloves. If it is cold, ensure that you wear your layers to the start and then take them off promptly for racing.

There is a good reason why everything is allowed (or not), and mostly for safety reasons.

Racing is when all our juniors are on display to the rest of the rowing world- and there are millions of photos out there- let's look smart.